

COVID-19 Risk Assessment & Safety Plan



Rationale: On 9/7/20 the Scottish government initiated phase 3 of its COVID-19 lockdown routemap. This allows home visits to resume as of 10/7/20. In principle, this allows RFCBT to resume face-to-face operations which can be more effective and suits some clients better. However, it is important to do this as safely as possible.

Risk: Potential transmission of COVID-19. This may lead to severe illness or death, older persons and those with pre-existing conditions or compromised immune systems are particularly vulnerable.

Potentially affected persons: Clients, those living with clients, visitors to client's home, Robert Fulton.

Safety Planning: Each clients household will have a safety plan. This will evaluate the risk to each person (pre-existing conditions, shielding status, etc.). This plan will determine when face-to-face sessions can resume, what adjustments can be made and fallback options. Clients/caregivers will sign off on these.

General Mitigation Strategies:

During the visit- Robert Fulton will use PPE. This will include wearing a mask and using hand sanitiser before entering and after leaving the clients home. Clients are advised to do so too but this is not compulsory in their home. Robert Fulton will hold a distance of at least 1 metre during the visit. Paperwork/ receipts will be emailed to the client rather than handing paper copies and payment should be taken over bank transfer wherever possible to reduce hand to hand contact. Robert Fulton will not utilise stationery, cups or utilise bathroom facilities to reduce contact. Clients should avoid visitors during session time where possible.

Suspension of sessions to reduce infection risk- Sessions can be cancelled due to COVID-19 related issues with no cancellation charges. If a client or anyone in their home has been advised to isolate for 2 weeks due to experiencing COVID-19 symptoms, contact from HNS test and protect or is shielding sessions will either be cancelled or moved to Skype for 2 weeks (depending on client's preference). Clients should expect that if Robert Fulton experiences symptoms or is contacted by test and protect in-person sessions will be suspended for 2 weeks. For some client's distance sessions may be restored temporarily.